Murphys Creek Community Newsletter

Volume 3 Edition 5  12th August 2013

Dates to Remember

- Mrs. Symonds @ meeting  Aug 15
- P&C Meeting @ 5  Aug 21
- Zone Athletics  Aug 23
- Author Tristan Banks web conference  Aug 26
- Swimming Lesson #1  Aug 26
- Swimming Lesson #2  Aug 29
- Pet care visit  Aug 30
- Swimming Lesson #3  Sep 2
- Trail ride new dates  Sep 13/14/15

Murphy’s Creek Challenge

What is the name of the phobia that involves an abnormal fear of spiders?

Congratulations & Welcome

A big congratulations and welcome to Howard Sternberg for being appointed as our permanent cleaner. Howard comes to us with a long history of cleaning and supervisor positions.

We have also added 2 new people to our relief cleaning list.

Bus information—Highfields High school 2015

We have received information from the Dept. of Transport that Murphys Creek will not be in the Catchment for Highfields SHS. Toowoomba State High School will be the only free bus service from Murphys Creek. A continuation of the courtesy of dropping students off at Centenary Heights will continue.

If your child has their enrolment accepted at Highfields SHS, a courtesy drop off will be made at Skyline Drive, where a QBus will take them to Highfields SHS for a fee of approximately $14/week. On the return trip, they will need to catch the Qbus back to Toowoomba State High School and to catch a courtesy ride from Toowoomba State High School to Murphys Creek.

So the take home message is that while it is possible to attend Highfields it is a bit complicated and there is a cost involved.

Murphy Pride

Our students of the week are Monique Aiken and Emily Box. They have been recognised for active listening & encouraging others to try.
**High school Information**

Many of our local high schools are becoming Enrolment Managed Schools. This has come about as student numbers grow well past 1100. This means they now have a defined catchment from which students may enrol.


All families considering high school enrolment are encouraged to view this website and see if their residential address is within catchment or out of catchment of the school you wish to attend.

Parents should note the following –

- Families living within the catchment are guaranteed enrolment
- Siblings of current students at the school are also guaranteed enrolment
- Families living out of catchment may apply for enrolment and the Principal will make a decision.

**Playgroup**

9am each Monday

Bring a hat, water bottle & a snack.

All Welcome!

**TUCKSHOP**

Normal Tuckshop menu applies for Friday.

Orders in by Wednesday.

**Curriculum Corner**

**Activities to Encourage Speech Skills**

4 to 6 Years

- When your child starts a conversation, give your full attention whenever possible.
- Pause after speaking. This gives your child a chance to continue the conversation.
- Continue to build vocabulary. Introduce a new word and offer its definition, or use it in a context that is easily understood. This may be done in an exaggerated, humorous manner. "I think I will drive the vehicle to the store. I am too tired to walk."
- Talk about spatial relationships (first, middle, and last; right and left) and opposites (up and down; on and off).
- Offer a description or clues, and have your child identify what you are describing: "We use it to sweep the floor" (a broom), "It is cold, sweet, and good for dessert. I like strawberry" (ice cream).
- Help your child follow two- and three-step directions: "Go to your room, and bring me your book."
- While shopping for groceries, discuss what you will buy, how many you need, and what you will make. Discuss the size (large or small), shape (long, round, square), and weight (heavy or light) of the packages.

**Don’t Be a Resiliency Robber**

All parents have the best of intentions when raising kids. Wanting what is best for kids can cause parents to make decisions that are not always in their children’s long-term interests. – Michael Grose

Robber #3—Give kids too much voice

In this era of giving children a voice it is easy to go overboard and allow them too much of a say in what happens to them. Kids often take the easy option to avoid hard or unpleasant situations.

Build resilience by: Making decisions for kids and expect them to adjust and cope.

Robber #4—Put unrealistic or relentless pressure on kids to perform.

Expectations about success and achievement are important. Too low and kids will meet them. Too high and kids will give up. Too much and kids can experience anxiety.

Build resilience by: Keep expectations in line with children’s abilities and don’t put excessive pressure on them.
Our focus: Following Directions
1. Get the child’s full attention
2. Give clear, positive directions with high expectations.
3. Limit the number of directions and steps.
4. Vary the ways directions are given.
5. Be consistent & follow through.
6. Offer only a narrow range of choices

Emotions & Self-concept
Children’s emotions are not just a response to things that happen. They are influenced by what children think, especially by what they think about themselves and their abilities. Children often need support from parents to manage their feelings effectively when they are young. Showing that you understand and accept their feelings is very important in their emotional development.

Learning to think through emotional reactions helps children find better ways of managing them.

Caffey Sports– team, House captains with shield, fantastic march past, School leaders with the trophy and our Bucket Filler awards for initiative.
Laidley Crisis Care

My name is Pamela and I am a Support Worker with Laidley Crisis Care. Laidley Crisis Care is a not-for-profit organisation which offers a Specialist Homelessness Service as well as Food and Emergency Relief programs.

In order to raise some much needed funds, we are holding a book fair in October and are desperately seeking donations of pre-loved but unwanted books, magazines, posters, DVDs, CD's, computers.

Contact Pamela Clements— pamela.clements@hotmail.com

Mosman Mothers’ Club

Are mothers the #1 positive influence in the lives of their children?
The Mosman Mothers’ Club is a site dedicated to assisting parents to support and motivate their school-aged children.

Mothers can download a range of resources that will help them deal with the challenges of getting their child through the next stage of their development.
The Mosman Mothers’ Club website also provides parents with a library of FREE resources to understand their child’s educational needs.

Visit the Mosman Mothers’ Club at
www.mosmanmothersclub.com

National Animal Rescue Groups of Australia (NARGA)

Have you always wanted to help animal rescuers but don't know how or just can't over commit?

Home Checks are for you! Rescue groups all over Australia struggle to be in all the places they would like to be at any one time, and can't always do home checks and yard checks for potential fosterers or adopters, which most would prefer to do if they had the resources.

If you have an hour or two to spare a week and can help, for any specified length of time, please send us an email to admin@narga.org.au and we can discuss this new program with you.

Toowoomba Flyers Swimming Club

"Why Swim When You Can Fly"

Children, who want to improve your swimming, enjoy games and meet new friends, then come along to Flyers'. The club offers learn to swim lessons, development, junior, senior squad and triathlon fitness coaching.

CLUB MUSTER NIGHTS
Thursday, August 22 and Thursday
September 19 at 6pm
Harristown State High School, heated indoor pool

The swim season is commencing and it's great to be part of Flyers Swimming Club. Dinner is available at the club night for a nominal price (pizza, pasta, BBQ).

For more information contact:
E-mail: toowoombaflyers@hotmail.com
www.flyersswimmingclub.com

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